

DIABETES SCHOOL PLAN INSTRUCTIONS

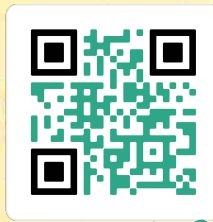
Contact the school your child will be attending. Share your child's diabetes diagnosis with them.

Do they already have a process in place for children with diabetes? If not, you, the parent, can provide school personnel training for your child including: how to use the insulin pen, how to bolus on the pump, start/stop the pump etc. how to use the blood glucose meter or CGM.

Rocky Mountain can also provide training for school personnel via Zoom

Get copies of the Diabetes Management Plan form your school uses OR if your school does not have specific forms RMDC can supply a blank form for you.

Check out our website <https://rockymountaindiabetes.com/> under Education for more resources



SCAN ME

Parents complete the form; YOU are in charge of how the school treats your child. Include; when you want to be contacted, what you are willing to have school personnel do, supervise or have access to, what your child can do themselves...ect.

A Diabetes Educator will review the plan and the MD signs it. You are responsible for supplying the school a completed and signed form. Please let us know the format you would like the signed form in, Digital or Hard Copy. If digital please have an updated email with us.

DO NOT drop off an incomplete form at the clinic. If you need help filling out a DMMP plan/form a Diabetes Educator is available by appointment, BEFORE the school year starts. 208-523-1122 option #4

Consider setting up a meeting with the school if any of the following are true:

- a. your child has newly diagnosed diabetes
- b. The school plan has changed significantly. ex. starting pump therapy
- c. If your child has new teachers or aides
- d. If you are concerned about how things went last year
- e. If your child is attending a new school



CHECKLIST

- Talk to your child's school
- Complete the DMMP form or Update last years plan
- Send completed form to RMDC for review and signature by MD
- Visit with Diabetes Education if you need help with the plan
- Send the completed & signed plan to the school
- Acquire diabetes supplies your child will need at school
- Confirm the plan with the school
- Have a great school year!

EMERGENCY

Talk to your child and the school about **School Lockdown** plans

Are diabetes supplies able to be with your child during class, library, lunch or gym? Consider a small diabetes pack your child can keep with them.

