



Notice of Privacy Practices

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

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We are required by law to maintain the privacy of your health information and to notify you of our legal duties and privacy practices with respect to your protected health information. This Notice summarizes our duties and your rights concerning your information. Our duties and your rights are set forth more fully in 45 C.F.R. part 164. We are required to abide by the terms of our Notice that is currently in effect.

Uses and Disclosures We May Make Without Written Authorization

We may use or disclose your protected health information for certain purposes without your written authorization, including the following:

Treatment. We may use or disclose information for purposes of treating you, e.g., our staff may use your information or disclose your information to another health care provider to diagnose or treat you. In addition, we may use or disclose your information to provide appointment reminders, or to provide information about treatment alternatives or other health-related benefits and services we offer.

Payment. We may use or disclose information to obtain payment for services provided to you. For example, we may disclose information to your health insurance company or other payer to obtain pre-authorization or payment for treatment.



Healthcare Operations. We may use or disclose information for certain activities that are necessary to operate our practice and ensure that our patients receive quality care. For example, we may use information to review the performance of our staff or make decisions affecting the practice, or to contact you to remind you of your appointment. We may also call you by name in the waiting room to have you go to a room for your appointment.

Other Uses or Disclosures. We may also use or disclose information for certain other purposes allowed by 45 C.F.R. § 164.512 or other applicable laws and regulations, including the following:

- To avoid a serious threat to your health or safety or the health or safety of others.
- As required by state or federal law such as reporting abuse, or neglect or certain other events.
- As allowed by workers compensation laws for use in workers compensation proceedings.
- For certain public health activities such as reporting certain diseases.
- For certain public health oversight activities such as audits, investigations, or licensure actions.
- In response to a court order, warrant or subpoena in judicial or administrative proceedings.
- For certain specialized government functions such as the military or correctional institutions.
- For research purposes if certain conditions are satisfied.
- In response to certain requests by law enforcement to locate a fugitive, victim or witness, or to report deaths or certain crimes.
- To coroners, funeral directors, or organ procurement organizations as necessary to allow them to carry out their duties.

Disclosure We May Make Unless You Object

Unless you instruct us otherwise in advance, we may disclose information as described below:

- To a member of your family, relative, friend, or other person who is involved in your healthcare or the payment for your healthcare. We will limit the disclosure to the information relevant to that person's involvement in your healthcare or payment.
- To maintain our facility directory. If a person asks for you by name, we will only disclose your name, general condition, and location in our facility. We may also disclose your religious affiliation to clergy.

Idaho Health Data Exchange (IHDE)

The Center participates in the Idaho Health Data Exchange (IHDE). The IHDE is a secure, state-wide, internet-based, health-information exchange, with the goal of improving the quality and coordination of health care in Idaho. The IHDE allows medical professionals to have access to vital patient information at the point of care. Information shared through the exchange is protected under the Health Insurance Portability and Accountability Act (HIPAA). If you wish to not have your medical information made available through IHDE, you must complete and opt-out form (available at the reception desk) and submit it to IHDE.

Rocky Mountain Clinical Research

Our clinical research participation provides a way for patients to receive treatment and education about their diseases in a very cost-effective way and enhances the providers' ability to stay on the



leading-edge of treatments for conditions we treat. Through our clinical study involvement, we help bring new treatments to the market for many diseases and makes it easier for all patients to manage their health while ensuring their safety.

We disclose information to Rocky Mountain Clinical Research LLC to prepare research protocol or for similar purposes preparatory to research. This is to only review your personal health information to determine if there is a current or future research study that would fit criteria for your current demographics, medications, diagnosis, and lab results. Your protected health information is not removed from Rocky Mountain Diabetes Center and is only disclosed as necessary for the research purpose.

Uses and Disclosures with Your Written Authorization

Other uses and disclosures not described in this Notice will be made only with your written authorization, including most uses or disclosures of psychotherapy notes; for most marketing purposes; or if we seek to sell you information. You may revoke your authorization by submitting a written notice to the Privacy Contact identified below. The revocation will not be effective to the extent we have already taken action in reliance on the authorization.

Your Rights Concerning Your Protected Health Information

You have the following rights concerning your protected health information. To exercise any of these rights, you must submit a written request to the Privacy Officer identified below.

- You may request additional restrictions on the use or disclosure of information for treatment, payment or healthcare operations. We are *not* required to agree to the requested restriction except in the limited situation in which you or someone on your behalf pays for an item or service, and you request that information concerning such item or service not be disclosed to a health insurer.
- We normally contact you by telephone or mail at your home address. You may request that we contact you by alternative means or at alternative locations. We will accommodate reasonable requests.
- You may inspect and obtain a copy of records that are used to make decisions about your care or payment for your care. We may charge you a reasonable cost-based fee for providing the records. We may deny your request under limited circumstances, e.g., if we determine that disclosure may result in harm to you or others.
- You may request that your protected health information be amended. We may deny your request for certain reasons, e.g., if we did not create the record or if we determine that the record is accurate and complete.
- You may receive an accounting of certain disclosures we have made of your protected health information. You may receive the first accounting within a 12-month period free of charge. We may charge a reasonable cost-based fee for all subsequent requests during that 12-month period.
- You may obtain a paper copy of this Notice upon request. You have this right even if you have agreed to receive the Notice electronically.



Changes to This Notice

We reserve the right to change the terms of this Notice at any time, and to make the new Notice effective for all protected health information that we maintain. If we materially change our privacy practices, we will place a copy of the current Notice in our reception area and post a copy on our website. You may obtain a copy of the operative Notice from our receptionist or the Privacy Officer identified below.

Complaints

You may complain to us or to the Secretary of Health and Human Services if you believe your privacy rights have been violated. You may file a complaint with us by notifying our Privacy Officer identified below. All complaints must be in writing. We will not retaliate against you for filing a complaint.

Contact Information

If you have any questions about this Notice, or if you want to object to or complain about any use or disclosure or exercise any right as explained above, please contact our Privacy Officer:

Von Crofts
3910 Washington Parkway
Idaho Falls, ID 83404
208-523-1122 ext. 622
Fax: 208-523-2582
voncrofts@idahomed.com

Effective Date

This Notice is effective February 1, 2025.